















SALADS

	Individual Price	Catering Tray		Individual Price	Catering Tray
THE GO-TO  	\$15.99	\$63.99	LA MIXTA  	\$15.99	\$63.99
<i>Lemon dijon dressing</i> Shredded kale, quinoa, dried cranberries, celery, tamari almonds, chopped broccoli, feta cheese			<i>Jalapeno cilantro dressing</i> Romaine lettuce, mixed greens, corn, black beans, avocado, cherry tomatoes, red pepper, tortilla chips, sharp white cheddar, chili roasted pumpkin seeds		
KALE CAESAR 	\$13.99	\$55.99	THE HOUSE 	\$17.99	\$71.99
<i>Vegan cashew caesar dressing</i> Shredded kale, romaine lettuce, baked pita chips, coconut bacon, shredded parmesan, sharp white cheddar			<i>Vegan cashew caesar dressing</i> Romaine lettuce, shredded carrot, crispy onions, granny smith apple, sharp white cheddar, bacon, shredded chicken, pita chips, pickled jalapeños, basil		
HEARTY B  	\$15.49	\$61.99	THE DARLING 	\$15.49	\$61.99
<i>Creamy tamari dressing</i> Romaine lettuce, arugula, kale, quinoa, cherry tomatoes, red pepper, avocado, shredded carrot, sunflower seeds, toasted sesame seeds, feta cheese, shredded parmesan			<i>Lemon dijon dressing</i> Romaine lettuce, mixed greens, shredded carrot, corn, chopped broccoli, avocado, pita chips, shredded parmesan, tamari almonds		
THE RAINBOW 	\$15.99	\$63.99	SWEET ROOT	\$15.99	\$63.99
<i>Classic balsamic dressing</i> Romaine lettuce, spinach, dried cranberries, fusilli pasta, feta cheese, chickpeas, avocado, toasted sunflower seeds, shredded carrot, pickled beets			<i>Chipotle balsamic dressing</i> Romaine lettuce, mixed greens, roasted sweet potato, dried cranberries, maple bourbon pecans, feta cheese, crispy onions, granny smith apple		
SESAME SNAP  	\$14.49	\$57.99	THE HOTTIE  	\$15.49	\$61.99
<i>Asian sesame dressing</i> Romaine lettuce, mixed greens, cherry tomatoes, avocado, red pepper, mandarin oranges, shredded carrot, edamame, crunchy noodles, toasted sesame seeds, sriracha cashews			<i>Chili Lime dressing</i> Romaine lettuce, soba noodles, purple cabbage, red pepper, mandarin oranges, avocado, plantain chips, pickled jalapeños, peanuts, basil, mint		

BOWLS

COCONUT NOODLE BOWL  	\$16.49	\$66.99
<i>Cashew sesame thai dressing</i> Soba noodles, shredded red cabbage, shredded carrot, cucumber, sriracha cashews, avocado, chopped broccoli, tamari ginger tofu, toasted sesame seeds, cilantro, mint, coconut chips		
HARVEST BOWL	\$17.99	\$70.99
<i>Cashew tamari caesar dressing</i>  Brown rice, roasted sweet potatoes, shredded red cabbage, granny smith apple, goat cheese, cranberries, chili roasted pumpkin seeds, shredded kale, roasted chicken		
PEANUT CRUNCH BOWL  	\$16.49	\$66.99
<i>Thai peanut dressing</i> Quinoa, romaine lettuce, shredded red cabbage, chopped snow peas, shredded carrot, cilantro, mint, green onion, roasted peanuts, tamari ginger tofu, edamame		

DRINKS & SNACKS

La Croix sparkling water	\$1.99 ea
Flow boxed water	\$2.50 ea
San Pellegrino	\$2.50 ea
Floko Kombucha	\$4.99 ea
Superfood Bars	\$3.99 ea

What's for Dessert?

Single Cookie	\$3.49
1/2 Dozen	\$19.99
1 Dozen	\$39.99

All of our dressings are homemade, vegan & gluten-free.

 vegetarian  vegan  gluten-free  dairy-free

Order at 506 214 2500 | info@marcissalads.ca

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Orders over \$100 qualify for delivery within Saint John (\$10 delivery fee) | We require 24 hours notice for orders under \$500 and 1 weeks' notice for orders over \$500 | You can cancel your order up to 24 hours before your delivery time | Orders cancelled with less than 24 hours' notice will not be refunded